

**2024 HGA INVITATIONAL
JANUARY 27 & 28**

FINAL SCHEDULE
(UPDATED 12 – 17 – 2023)

SATURDAY, JANUARY 27TH

Session 1 Level 7 and 8 (51 athletes)

9:00 am Stretch
9:30 am Team Introductions
9:35 am Competition (Modified Capital Cup)
12:20 pm Awards

Session 2 Level 9 (39)

1:05 pm Stretch
1:35 pm Team Introductions
1:40 pm Competition (Modified Capital Cup)
4:00 pm Awards

Session 3 Level 10/Elite (51)

4:40 pm Stretch
5:15 pm Team Introductions
5:20 pm Competition (Modified Capital Cup)
8:15 pm Awards

SUNDAY, JANUARY 28TH

Session 4 Level 3 and 4 (66)

8:30 am Stretch
8:55 am Team Introductions
9:00 am Competition Begins (Modified Capital Cup)
11:45 am Awards

Session 5 Level 5 and 6 (61)

12:45 pm Stretch
1:10 pm Team Introductions
1:15 pm Competition Begins (Modified Capital Cup)
4:15 pm Awards

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